

Guilt Free Living!

Psalm 51:1-17

Create in me a clean heart, O God, and renew a steadfast spirit within me. **Do not cast me away from your presence and do not take your Holy Spirit from me.** Restore to me the joy of your salvation and sustain me with a willing spirit. Then I will teach transgressors your ways, and sinners will be converted to You.

1. Take time to **recognize** the source of your guilt. (vv.1-4)
2. Take **responsibility** for the sin that leads to your guilt. (vv.5-9)
3. Take **repentance** from your sin seriously to be free of guilt. (vv.11-12)

- I. God **restores** me from guilt so I can **grow** in grace. (v.12)

Restore to me the joy of your salvation **and sustain me** with a willing spirit.

1. God restores the soul by **renewing** the mind. (Rom 12:2)

And do not be conformed to this world, but **be transformed by the renewing of your mind**, so that you may prove what the will of God is, that which is good and acceptable and perfect.

2. God restores the soul by **sustaining** the will. (Mark 14:38)

Keep watching and praying that you may not come into temptation; the spirit is willing, but the flesh is weak."

3. God restores the soul by **leveling** the emotions. (Phil 4:4-5)

Rejoice in the Lord always; again I will say, rejoice! **Let your gentle spirit be known to all men.** The Lord is near.

- II. God restores me from guilt so I can **go** in grace. (v.13)

Then I will teach transgressors your ways, and sinners will be converted to You.

1. God restores my soul so I can go on **worshipping**. (Ps 51:14)

Deliver me from bloodguiltiness, O God, the God of my salvation;
Then my tongue will joyfully sing of Your righteousness.

2. God restores my soul so I can go on **witnessing**. (Ps 51:15)

O Lord, ***open my lips***, That my mouth may declare Your praise.

3. God restores my soul so I can go on ***working***. (Ps 51:17)

The sacrifices of God are a broken spirit; A broken and a contrite heart, O God, You will not despise.

